

# Contents



## 'Furies and sufferings (Verfloeï)' by Danie Kotzé.

Mixed media on board. An Afrikaans translation of a part of a poem by Pablo Neruda on a photograph taken at Tietiesbaai. The photo is an inlay within a frame. In this work Danie wanted to use the ambiguity of a frame as a painting in itself to reflect the tensions in the poem by Neruda.

The orange algae on the rocks bring some form and colour.

Danie Kotzé graduated MB ChB from Stellenbosch University in 2002 and is currently a registrar in internal medicine at Tygerberg Hospital. He has sketched all his life, but only started painting during his first year at university. His training is mainly autodidactic, but he has attended mixed-media and figure-drawing evening classes during his studies. He has contributed to a number of group exhibits, but mainly paints for pleasure. His inspiration comes from street art, graphic novels and natural patterns.

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### MAIN ARTICLES

#### What's new in hypertension? 54

*Since the publication of the South African Hypertension Guidelines in 2006 several landmark clinical trials have been published or presented that have far-reaching implications for the way we treat patients with hypertension. In addition, the review of a recent study that had major impact on nephrological practice has been seriously questioned.*

B Rayner

#### Gastroenterology: what is new in 2009? 58

*Disorders of the gastrointestinal tract are common and frequently prompt patients to seek medical care.*

G Watermeyer

#### What's new in paediatrics? (Review) 64

*Benjamin Osler is reputed to have stated that he knew that 50% of what he was teaching his students was going to be proven wrong; the only problem was he did not know which 50%!*

D F Wittenberg

#### Assessment of cough 68

*Cough remains one of the most common complaints that motivate patients to seek medical attention.*

G Ainslie

#### A balanced approach to the management of patients with stable coronary disease: medicine, stents, surgery 72

*The care of patients with coronary artery disease needs perspective and balance.*

P Commerford, A Chin

#### Update on type 2 diabetes 76

*Type 2 diabetes is increasingly common and we need to offer our patients better outcomes.*

J A Dave, N S Levitt

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BELINDA DOYLE  
Tel. (021) 681-7210

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## Sales Director - Cape Town

DAVID ITZKIN  
Tel. (021) 681-7207

## Advertising Pretoria

DIANE SMITH  
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E-mail: [advertising@samedical.org](mailto:advertising@samedical.org)

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